

# PARAMUS RECREATION COMMISSION SPRING REGISTRATION 2018



**TRACK & FIELD**



**LACROSSE**



**GIRLS' & MEN'S  
SOFTBALL**



**PICK UP  
BASKETBALL**

**Programs & Special Events for Pre-Schoolers,  
Special Needs Children & Senior Citizens  
Listed in this Brochure**

## **ONLINE REGISTRATION**

**BEGINS FEBRUARY 26TH**

## **REGISTRATION BY MAIL ONLY**

**FEBRUARY 26TH THROUGH MARCH 7TH**

## **IN PERSON REGISTRATION**

**MARCH 12TH & MARCH 13TH**

# Important Information – Please Read

## Spring Registration Policies, Procedures & Dates

**Pre-registration** will start on **Monday, February 26th** and continue through **Wednesday, March 7th**. During this period of time, registration forms can be **mailed in** to the Recreation Office at Petruska Park, 475 Farview Avenue. **Forms cannot be dropped off.** After March 7th the pre-registration period will end and no other registration forms will be accepted or processed by the Recreation Office. *Forms that arrive before February 26th will be penalized and not processed until after the mail of the third work day, February 28th. Forms that arrive postmarked after March 7th will be sent back.*

**In person registration** will be held on **Monday, March 12th & Tuesday, March 13th** at Petruska Park between the hours of **9:00 a.m. & 11:45 a.m.; 1:00 p.m. & 3:45 p.m.;** and **7:00 p.m. & 8:45 p.m.**

**Online Registration** will be available to those children who are already in the Paramus Recreation Department's computer system (any registration since Winter 2006/not including Paramus Junior Baseball or Babe Ruth Baseball). Online registration is not and will not be available to adults. **Adults and any child registering for the first time must either mail in their registration forms** (include proof of residency and for children copies of birth certificates) **or come in person during the In Person Registration period of time** during the above listed hours of operation. Online Registration will begin on **Monday, February 26th**.

Those programs that have enrollment limitations will accept up to 50% of their registrations through the online process. Once this quota has been achieved then the computer will automatically not allow any more online registrations. The reasons for a 50% limitation are because not everyone has access to a computer and not everyone feels comfortable using their credit cards for online purchases. To register online go to [www.paramusborough.org](http://www.paramusborough.org), click on Recreation and then click Registration. Your printed receipt will include all vital information concerning the activities registered for.

**At the back of this brochure are three documents that need to be read and signed off on.** *Registration forms that arrive without the Liability Waiver, Zero Tolerance Policy & Withdrawal/Refund Policy being properly completed and attached will not be processed and will be mailed back.* Parents should list all of their children's names on the line listed as **PLAYER**.

**\*\*Starting dates and other pertinent information will be posted on your receipt.\*\***

For those signing up online, it is important that you print out your receipt. Those who take advantage of Mail In Registration will have a receipt emailed to them as soon as the registration form has been processed by the Recreation Department.

**All registration forms that are mailed in must include full payment.** Checks should be made out to "Paramus Recreation." *Individual checks are needed for activities that have enrollment limitations. Those registration forms arriving without payment will be sent back unprocessed.* It is not necessary to send individual envelopes for every member of your family.

**Those persons registering BEFORE WEDNESDAY, MARCH 14TH can deduct \$5 from each of their family members registrations.**

First time youth registrants and **all adult registrants** will be required to show proof of residency. The only accepted forms of proof will be the following: driver's license, current tax or P.S.E.G. bill, water bill, renter's agreement, deed to house. The following are not accepted forms of proof: automobile registrations, bank checks or statements, cell phone bills, credit card bills. **If proof is not provided at the time of sign ups, registration will be denied and "spots" will not be held.** First time youth and all adult registrants taking advantage of the mail in pre-registration format **need to include a photocopy** of their residency proof. *Forms that arrive without proper proof of residency will be sent back to the sender.*

**Copies of Birth Certificates** need to accompany all applications for first time registrants. If this is not attached to the registration form, the *registration will not be accepted* and a "spot" will not be held. *Forms that arrive without copies of birth certificates or copies of passports will be sent back to the sender.*

**Late registration** will begin on **Wednesday, March 14th** and will end when a program is filled to capacity or the **deadline for registration has passed.** Thereafter, a waiting list for all filled and closed programs will be maintained by the Recreation Office. **Late registration will be taken weekdays between the hours of 1:00 & 4:00 p.m.** Late registration **will not be taken** during the morning office hours. Please be aware that some programs might fill up prior to In Person Registration.

The **REGISTRATION DEADLINE** for each individual sport, including travel sports, can be found in the description of each individual activity.

**Unless a program is cancelled by the Recreation Department there will be absolutely no refunds or credit given for anyone wishing to withdraw from a program.**

All members of volunteer service organizations affiliated with the Borough of Paramus are entitled to a 50% discount of all registration fees. This discount does not apply to any costs associated with uniforms. **Every season the volunteer's service organization's captain has to sign off on a certificate of certification that the member is indeed active in that organization.** That certificate needs to be handed in with the registration forms.

**Those paying by credit card will be charged a convenience fee of 2.75% of their total transaction.**

# Spring Programs 2018

**PICKUP BASKETBALL:** This activity is open to all children in grades third through eighth. This program will start the week of April 9th and run until May 30th. All sessions will be held at East Brook School on Monday & Wednesday evenings. The children will be grouped by grade as well as gender but if there are not enough participants in any one group those registrants will be offered the opportunity to join another group (safety permitting). The fee for this program will be \$33.00.

**The tentative breakdown of groups and the time/gym schedule is as follows:**

Third & Fourth Grade Boys	Old Gym	6 p.m. to 7 p.m.
Third & Fourth Grade Girls	New Gym	6 p.m. to 7 p.m.
Fifth & Sixth Grade Boys	Old Gym	7 p.m. to 8 p.m.
Fifth & Sixth Grade Girls	New Gym	7 p.m. to 8 p.m.
Seventh & Eighth Grade Boys	Old Gym	8 p.m. to 9 p.m.
Seventh & Eighth Grade Girls	New Gym	8 p.m. to 9 p.m.

**GIRLS' INTOWN SOFTBALL:** Our **Softball Clinic** is for girls in kindergarten thru second grades. The season will begin in April and run through the beginning of June. The purpose of this program is instructional and will be run by a professional softball instruction company. All sessions will be held on Saturday mornings at Sports Complex. The fee for this program is \$63.00.

The **Minor League** is for girls in third, fourth & fifth grades. Practices and games will be held on Monday & Wednesday evenings starting at 6 p.m. and on Saturdays between 9 a.m. and 3 p.m.

The **Senior League** is for girls in sixth, seventh & eighth grade. Practices and games will be held on Tuesday & Thursday evenings starting at 6 p.m. and on Saturdays between 1 p.m. and 5 p.m.

**All Minor & Senior League registrants** will be rated at a tryout session and drafted according to their abilities. Therefore **no requests for carpooling conveniences or to be with friends** will be honored. Games & practices will be held at Reid Park, Century Road Field at P.H.S., Ridge Ranch, Memorial & the Sports Complex as well as fields in local neighboring communities. The fee for this program is \$43.00.

Because the number of girls playing intown softball has gone down drastically over the past couple of years, the Recreation Department may make arrangements to partner up with softball programs in neighboring towns in an attempt to strengthen and grow the softball program in Paramus. The aforementioned practice schedule as well as the game schedule between Paramus teams will hold true. However, games between Paramus teams and teams from the other towns may take place on nights not listed in the previous paragraph. Games may be held on Saturday nights at the Sports Complex. This format concerns the Minor & Senior Leagues, not the Clinic Program.

**SPRING TRAVEL SOFTBALL:** Paramus Recreation plans on sponsoring at least one team on all three of the following levels of play: 10 & Under; 12 & Under; 14 & Under. **The teams will be determined by age and not by grade.** Practices will be held weeknights and Saturdays while the games will take place primarily on Sundays. **THERE WILL BE CONFLICTS BETWEEN THE "REC" INTOWN/TRAVEL PROGRAM AND THE MORE COMPETITIVE SPRING TRAVEL PROGRAM.** The Spring Travel Program is geared more towards those girls who plan on trying out for the Summer Travel Team. Indoor practices will be held in March. Once the weather permits, practices will move outdoors. This program will run through May. **Depending on the enrollment per age level, tryouts and cuts may be necessary.** If so, any girl cut, would receive a refund or credit of the \$63.00 registration fee. Any girl participating on a Spring Travel Team will automatically be placed on the Summer Travel Tryout Roster unless not interested. For those who do not already have one, the cost of the spring team jersey will be an additional \$10.00. **Volunteer Coaches are needed.**

**SUMMER TRAVEL SOFTBALL:** Those girls who are serious about softball should register to try out for the Recreation Commission's Summer Travel Softball Teams that will be competing in the Midland Park League. **The teams will be determined by age and not by grade.** The three levels of play that Paramus Recreation will sponsor are: U10 & Under; U12 & Under; U14 & Under. Tryouts will be held in May and the **DEADLINE TO REGISTER FOR THE TRYOUT WILL BE MAY 11TH.** Practices will begin once the tryouts have concluded. Games will start in early June and continue through the month of July. Games are held throughout Bergen County and are primarily played on weeknights. It is up to the parents of the participants to provide transportation to and from the games. The tryout fee is \$10.00 for those who do not sign up for Spring Travel Softball. Those making the team will then pay the registration fee of \$63.00. Those needing the summer team jersey will need to pay an additional cost of \$15.00. **There is no guaranteed amount of playing time for those who play on a travel team.**

**TRACK & FIELD:** This program will be open to both boys and girls in first through eighth grades. Track events include dashes, intermediate distance runs, relays, hurdles and race-walking. Field events consist of the long jump, high jump, triple jump, shot put, discus & turbo javelin. Practices will be held twice per week at either the Paramus High School Track or possibly Bergen Community College. Practice days and times will be determined on a weekly basis as the Paramus H.S. Track & Field and Lacrosse Programs have priority use of the Paramus H.S. Track as well as the Paramus H.S. Turf Field. A majority of any practices held at Paramus H.S. would start at 7 p.m. or later. Practices that would be held at Bergen Community College would start at 6 p.m. Meets will be contested on Sundays starting on or about March 25th. The season will run through the beginning of June. Sunday meets usually begin at 12 noon. It will be the responsibility of the parents to transport their own children to the meets, which will be held in neighboring Bergen County Communities.

**This year's Head Coach will be Deana Dedovitch who coaches both Track & Field and Cross Country Track at Bergen Community College.** Coach Dedovitch is going to need help. Volunteers do not necessarily need a background in Track & Field. Adults are needed to help the coaches maintain order during the practices and meets. The fee for this program will be \$33.00. Those children who participate in the meets will need a uniform. The uniform that will be used this season is the one (Columbia Blue T-Shirt/Navy Shorts) that was distributed for the 2014 season. Those that do not have that uniform can purchase one at the additional cost of \$20.00. Those parents who are willing to help out as either a coach or supervisor should send an email to [sregan@paramusborough.org](mailto:sregan@paramusborough.org) Notification of a start date will be emailed to all those registrants on or about March 16th.

**TRAVEL LACROSSE:** The Paramus Recreation Commission is offering travel programs for both boys and girls in grades 2nd through 8th. The boys will be entered into the New Jersey Youth Lacrosse League and the girls will be playing in the New Jersey Junior Girls Lacrosse League (NJJGLL). At each level there will be between 12 & 15 games as well as some scrimmages. Practices will begin in March and the season will run from April to June. Boys' practices will be held Tuesdays thru Fridays with most games being played on the weekends. Girls' practices will be held Tuesdays thru Fridays. Some girls' games will be held on weeknights and some on Saturdays. "Beginner" participants are especially welcomed for all the girls' teams. For players to participate proper equipment is required. Boys must have a helmet, shoulder pads, rib protector, mouth guard and a stick. Girls must have goggles, mouth guard and stick. The cost for this program is \$77.00 and **does not** include a uniform. Uniforms will now be ordered through the Paramus Lacrosse Association.

All participants need to be registered with the U.S. Lacrosse Association. It is up to each participant's parents to take care of this obligation. The U.S. Lacrosse Association registration forms can be picked up at the Recreation Office. The website for the U.S. Lacrosse Association is [www.uslacrosse.org](http://www.uslacrosse.org). The Recreation Department is not responsible for the fee charged by the U.S. Lacrosse Association.

E-mail any questions to [anolan1028@aol.com](mailto:anolan1028@aol.com). For additional information on the leagues see the following websites: (boys)[www.njlacrosse.com](http://www.njlacrosse.com); (girls)[www.njjgll.com](http://www.njjgll.com)

**CLINIC LACROSSE:** An instructional clinic for those children in kindergarten through second grade will be held on Saturday afternoons, beginning on April 14th and running through June 9th. Separate sessions for boys and for girls will be held. Each session will be **forty five minutes** long. The boys' session will start at 1 p.m. followed by the girls' session at 1:45 p.m. The location of this activity will either be the Parkway Plex or East Brook School. Cleats are recommended. The fee for this program will be \$33.00. **Volunteer coaches are needed.**

**MEN'S LOB PITCH SOFTBALL:** This program is open to men 30 years of age and older. This competitive league plays on Sunday afternoons as well as weeknights starting at 8:15 p.m. during the months of April, May & June. July & August games are played on Monday & Wednesday evenings starting at 6:15 p.m. Playoff games generally begin the second week of August and conclude by September 1st. Some playoff games are held on Sundays. Those men wishing to join the league, who have no team affiliation should contact the Recreation Office for phone numbers of the league's managers. The fee for this program is \$61.00. **When registering by mail be sure to include a copy of one of the accepted forms of residency proof. Registration forms arriving without proper residency proof will be sent back. NO EXCEPTIONS.**

## **Scheduling Conflicts**

Please be advised that if you register your child for more than one program during the Spring Season, no doubt there will be conflicts. The conflict could be games with games, practices with practices or practices with games. Furthermore, please be advised that there will be no refunds or credits given at all.

## Community Room Programs

Community Room Programs cost \$93 (except GameMakers which cost \$173) and meet for six sessions. **Classes are held in the renovated Community Room at Petruska Park.** See below for program details including descriptions and dates.

**Little Ivy Academy:** The Little Ivy Academy will be offering **RobotMakers: Robots, Next Generation.** Unleash your child's imagination with opportunities to deploy NXT generation mobile technology and a made-for-robotics version of the age-appropriate Scratch programming language, as they build and program mobile bots that navigate through (and sometimes around) the challenges and obstacles they "sense" along the way!. Please note that due to the higher materials cost required for this program it will cost \$173. This program will be held at Petruska Park, not at the Little Ivy Academy. **RobotMakers for 3<sup>rd</sup>-5<sup>th</sup> Graders** will meet on Mondays from 6:00-7:00pm. **RobotMakers for 6<sup>th</sup>-8<sup>th</sup> Graders** will meet on Mondays from 7:00-8:00pm. Classes will meet on: Apr 23, 30, May 7, 14, 21, June 4 (makeup: June 11; no class on May 28).

**Abrakadoodle Art Class:** Abrakadoodle will offer a class called **Draw It! Paint It! Sculpt It! for grades 3-6.** Join the creative fun this Spring! You will learn about architecture, sculpture and more! Learn to draw buildings of unique designs, sculpt and paint with air dry clay, explore new drawing tools and more! New projects each class – join the creative art journey! This class will meet on Tuesdays from 6:00-7:00pm. Classes will meet on: Apr 24, May 1, 8, 15, 22, 29 (makeup June 5).

**Explore Science Program:** There will be two Explore Science programs offered this season. The first is for **Explore Science for Pre-Schoolers.** This class will meet on Thursdays from 4:00-5:00pm. The second is for **Explore Science for K-2<sup>nd</sup> graders.** This class will meet on Thursdays from 5:00-6:00pm. The focus of the Pre-School class will be the "STEM Challenge" including marble mini-golf and bridge building. The focus of the K-2<sup>nd</sup> class will be "Chemical Creations" including bouncy balls, slime and volcano eruptions. Some sessions will include a take home project. The classes will meet on: Apr 26, May 3, 10, 17, 24, 31 (makeup: June 7).

**Ping Pong by Kiddie Gym:** Kiddie Gym was established by Sue Chak, an international table tennis player. Kiddie Gym's ping pong program is designed to help children develop hand eye coordination, brain development and reflexes. It's also a safe way to burn extra calories. There will be two Ping Pong classes this season: **Ping Pong for 3<sup>rd</sup>-5<sup>th</sup> graders** will meet on Thursdays from 6:30-7:25pm. **Ping Pong for 6<sup>th</sup>-8<sup>th</sup> graders** will meet on Thursdays from 7:30-8:25pm. Classes will meet on: Apr 26, May 3, 10, 17, 24, 31 (makeup: June 7).

**Chess Lessons:** This new, instructional chess program will be taught by Martin Kenny. Martin is a certified instructor by the US Chess Federation and has been teaching chess for over 25 years. Martin has taught for local recreation departments, prep schools and summer camps; he also works for the Alpha Minds Academy and is a former professor at Bergen Community College. Chess can be a great educational tool to help your child grow mentally. Studies have shown that chess can help increase problem solving ability, test scores and even reading ability. Chess can also help students improve social habits as it grants them a sense of belonging yet also encourages competition in a safe environment. **The lessons are open to children in 2<sup>nd</sup> through 6<sup>th</sup> grade of various levels.** Martin will adjust his instruction on an individual basis for each student. This is a great opportunity for your child to learn the world's oldest and most popular game, the world's first e-sport if you will! Classes will meet on Apr 28, May 5, 12, 19, June 2, 9 (makeup: June 16; no class May 26).

**Bloom Yoga:** Bloom Yoga will be offering two programs in Paramus this season. **Treetop Toddlers** is a parent and child program featuring fun games and activities incorporated with yoga poses and is a great way to bond with your child (Ages 1-3); this class will meet on Saturdays from 3:30-4:15pm. **Teeny Yoginis** is an energy releasing, kid-friendly yoga class (Ages 4-8); this class will meet on Saturdays from 2:30-3:15pm. All participants are required to bring their own yoga mat; for Treetop Toddlers, both parent and child should have their own mat. Classes will meet on Apr 28, May 5, 12, 19, June 2, 9 (makeup: June 16; no class May 26).

**Enrichment Programs for Children with Diff Abilities:** What does diff abilities mean? Diff abilities is a term used by some organizations, including the Special Olympics, in an effort to remove the negative connotation of "dis"abilities and focus on the skills and abilities that every individual has. This program will feature a multidisciplinary curriculum allowing children to experience a wide variety of activities. This program was created by and will be overseen by speech pathologist Barbara Anderson. Each class meeting will feature three components: 1) Creative therapy: such as drama or music, with a qualified instructor; 2) A wellness segment such as baseball, gymnastics or karate taught by an instructor who specializes in the activity; 3) Pet therapy with certified therapy dogs and their handlers. Throughout each session, the children will rotate approximately every thirty minutes so they can experience each component. The specific activities mentioned above are for illustrative purposes, other activities may be added or substituted as necessary. Participants must be accompanied by an adult capable of assisting the child (if necessary). **The program will be open to children in Grades K-5<sup>th</sup> and will meet on Tuesdays from 4:00-5:30pm.** The class will meet on March 6, 13, 20, 27, Apr 10, 17, 24, May 1, 8, 15 (no class Apr 3). For specific questions pertaining to this program please contact Barbara Anderson at [speechgirl122@gmail.com](mailto:speechgirl122@gmail.com).

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## Easter Egg Hunt

This annual event will be held on Saturday, March 24th at Petruska Park. If the weather cooperates and the hunt is to be held outdoors, one session will be held starting at 10:30 a.m. In the event of inclement weather the Easter Egg Hunt will be held on Monday, March 26th at Petruska Park starting at 5:30 p.m. If the weather is questionable on March 24th call the Recreation Office answering machine (265-9321) **after 9:30 a.m.** to learn of any cancellation.

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## Senior Citizens' Spring Fling

Thursday, May 31st - 11 a.m. to 3 p.m.  
Rain Date: Thursday, June 7th  
Second Rain Date: Thursday, June 14th

### Entertainment & Lunch

The fee for this event is \$5.00 per person and is nonrefundable. Tickets will be available starting on Monday, May 14th, 9 a.m. at Petuska Park. Proof of residency (driver's license; tax bill; any utility bill) will be required. It is recommended that those who attend, bring their own lawn chairs. This event will take place at **Petruska Park**.

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Paramus Junior Ice Hockey offers 8 week Ice Hockey clinics 3-4 times per year at Fritz Dietl Ice Rink in Westwood. Along with the clinics, we have teams of all ages playing in Spring and Fall House Ice Hockey leagues at local ice rinks. Our clinics are designed for players of all ages new to the sport of Ice Hockey, as well as those already playing and looking for more advanced training to improve their skills. For more information or to register for one of our programs please visit our website: <http://freeteams.com/paramusjrhockey> or contact [Paramushockey@gmail.com](mailto:Paramushockey@gmail.com)

**2018 Spring Clinics Dates: April 8, 15, 22, 29, May 6, 20, June 3, 10**

\*\* All ages are welcome and No experience is necessary; All participants are required to wear full Ice Hockey equipment. \*\*



## 2018 Paramus Rec Summer Playground Program

This coming summer the Paramus Board of Education is offering a summer playground program through “Champions”. “Champions” is the company that replaced the Board of Education’s SACC Program and now runs the beforecare and aftercare program for the school district. “Champions” should work out well for those families who need to drop their children off earlier than 9 a.m. and/or pick them up later than 2 p.m.

Paramus Recreation will be offering its summer playground program as usual again this year. At this time the Recreation Department has not been assigned the schools it can use and will not know that for some time. Registration for the Rec Commission’s Summer Playground Program will not start until the beginning of May. The Rec Commission’s Summer/Fall Brochure will be sent out to all residential homes the last week of April. The information on the Rec Website will be updated once the school sites are known.

## Survey for Parent & Child Summer Tot Tour Program

Due to a steady decline in enrollment the past several years, the Parent & Child Summer Playground Program was discontinued three years ago. The Paramus Recreation Commission **is considering** running a Tot Tour Program this summer (between June 25th & August 3rd) that would involve trips to local amusement and educational attractions every Tuesday and Thursday. All trips would depart from Petruska Park at 9 a.m. Return times would vary between 2 p.m. and 5 p.m. This program would be for all children who have not yet entered Kindergarten. A guardian of some sort, over the age of 18 would have to accompany the child on all trips. The estimated cost for one child and one guardian including transportation for twelve trips would be between \$200 and \$250 dollars. If interested, please email the Recreation Office at [sregan@paramusborough.org](mailto:sregan@paramusborough.org) no later than March 19th. Please include in your email contact information as well as how many children in your family would be attending along with their ages. **Like all Paramus Recreation Programs, this activity is for Paramus Residents only. Relatives who live in other communities will not be permitted to join.**

## Survey for Seventh & Eighth Grade Trip Packages

For the coming summer, the Recreation Commission will be offering two sessions of a trip package that **will include both** Adventure Activities and Amusement and Water Parks in the tri-state area. If enough interest is shown a **separate Cultural Package** will be offered which will include beading, pottery, glass blowing, painting and a trip to a sculpture garden. Those who would like to see the Cultural Package offered need to email [sregan@paramusborough.org](mailto:sregan@paramusborough.org) no later than March 19th. Please include in your email contact information as well as how many children in your family would be attending. All trip packages are only available to children who were in seventh or eighth grade during the 2017/18 school year.

## Survey for Enrichment Program for Children with “Diff” Abilities

Does your child have “diff”iculty participating in traditional recreation programs? Are they very active or do they have “diff”iculty attending a large group program? Do they learn “diff”erently? If so, please email Bob Cowper at [rcowper@paramusborough.org](mailto:rcowper@paramusborough.org) to express interest in our “diff” abilities programs. This program was devised by speech pathologist Barbara Anderson and features a multi-disciplinary curriculum including creative therapy, pet therapy and a wellness segment. This program will be offered seasonally.

**PARAMUS RECREATION 475 FARVIEW AVENUE PARAMUS, N.J. 07652  
(201)265-9321**

Please fill out this form and please print clearly.

Registrant's Name: \_\_\_\_\_ Male or Female (please circle)  
 Registrant's Address: \_\_\_\_\_ Present Grade \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Father's Name \_\_\_\_\_ Home Phone Number \_\_\_\_\_  
 Mother's Name \_\_\_\_\_ Cell Phone Number \_\_\_\_\_  
 School \_\_\_\_\_ Teacher \_\_\_\_\_  
 Family's Insurance Coverage (if none that must be stated) \_\_\_\_\_  
**Service Organization** \_\_\_\_\_ **Supervisor** \_\_\_\_\_

To enroll in programs, circle the appropriate items. Use one form per registrant.  
 \$5.00 may be deducted from all programs (not uniforms) if registered by March 13th.

**SPRING 2018 PROGRAMS**

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| Pickup Basketball – Boys 3 <sup>rd</sup> & 4 <sup>th</sup> Grades - \$33     | Pickup Basket – Girls 3 <sup>rd</sup> & 4 <sup>th</sup> - \$33     |
| Pickup Basketball – Boys 5 <sup>th</sup> & 6 <sup>th</sup> Grades - \$33     | Pickup Basket – Girls 5 <sup>th</sup> & 6 <sup>th</sup> - \$33     |
| Pickup Basketball – Boys 7 <sup>th</sup> & 8 <sup>th</sup> Grades - \$33     | Pickup Basket – Girls 7 <sup>th</sup> & 8 <sup>th</sup> - \$33     |
| Clinic Intown Softball (Girls) – K thru 2 <sup>nd</sup> - \$63               | RobotMakers – Mon – 3 <sup>rd</sup> to 5 <sup>th</sup> \$173       |
| Minor Intown Softball (Girls) – 3 <sup>rd</sup> thru 5 <sup>th</sup> - \$43  | RobotMakers – Mon – 6 <sup>th</sup> to 8 <sup>th</sup> \$173       |
| Senior Intown Softball (Girls) – 6 <sup>th</sup> thru 8 <sup>th</sup> - \$43 | Draw/Paint/Sculpt – Tues – 3 <sup>rd</sup> to 6 <sup>th</sup> \$93 |
| U10 Spring Travel Softball \$63  | Explore Science – Thur – PreK \$93                                 |
| U12 Spring Travel Softball \$63  | Explore Science – Thur – K to 2 <sup>nd</sup> \$93                 |
| U14 Spring Travel Softball \$63  | Ping Pong – Thurs – 3 <sup>rd</sup> to 5 <sup>th</sup> \$93        |
| U10 Summer Travel Softball Tryout \$10                                       | Ping Pong – Thurs – 6 <sup>th</sup> to 8 <sup>th</sup> \$93        |
| U12 Summer Travel Softball Tryout \$10                                       | Chess – Sat – 2 <sup>nd</sup> to 6 <sup>th</sup> \$93              |
| U14 Summer Travel Softball Tryout \$10                                       | Yoga – Sat – Parent/Toddler \$93                                   |
|  | Yoga – Sat – Age 4-8 \$93  |
|  | Diff Abilities – Tue – K-5 <sup>th</sup> \$65                      |
| Lacrosse – Boys/2nd grade - \$77   | Lacrosse – Girls/2nd Grade - \$77                                  |
| Lacrosse – Boys/3rd grade - \$77   | Lacrosse – Girls/3rd Grade - \$77                                  |
| Lacrosse – Boys/4th grade - \$77   | Lacrosse – Girls/4th Grade - \$77                                  |
| Lacrosse – Boys/5th grade - \$77   | Lacrosse – Girls/5th Grade - \$77                                  |
| Lacrosse – Boys/6th grade - \$77   | Lacrosse – Girls/6th Grade - \$77                                  |
| Lacrosse – Boys/7th grade - \$77   | Lacrosse – Girls/7th Grade - \$77                                  |
| Lacrosse – Boys/8th grade - \$77   | Lacrosse – Girls/8th Grade - \$77                                  |
| Lacrosse – Boys K – 2nd Clinic - \$33  | Lacrosse – Girls K – 2nd Clinic- \$33                              |
| Track & Field - \$33   |  |

**Please make sure that you sign off on the fourth page of the Code of Conduct Policy, the Withdrawal/Refund Policy as well as the Waiver Release and Indemnification Agreement which can be found in the back of this brochure. Please list all children being registered on the Player line. All those forms must be attached to this form in order for your registration to be processed**

**PARAMUS RECREATION 475 FARVIEW AVENUE PARAMUS, N.J. 07652  
(201)265-9321**

Please fill out this form and please print clearly.

Registrant's Name: \_\_\_\_\_ Male or Female (please circle)  
 Registrant's Address: \_\_\_\_\_ Present Grade \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Father's Name \_\_\_\_\_ Home Phone Number \_\_\_\_\_  
 Mother's Name \_\_\_\_\_ Cell Phone Number \_\_\_\_\_  
 School \_\_\_\_\_ Teacher \_\_\_\_\_  
 Family's Insurance Coverage (if none that must be stated) \_\_\_\_\_  
**Service Organization** \_\_\_\_\_ **Supervisor** \_\_\_\_\_

To enroll in programs, circle the appropriate items. Use one form per registrant.  
 \$5.00 may be deducted from all programs (not uniforms) if registered by March 13th.

**SPRING 2018 PROGRAMS**

- |  |  |
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| Lacrosse – Boys/2nd grade - \$77   | Lacrosse – Girls/2nd Grade - \$77                                  |
| Lacrosse – Boys/3rd grade - \$77   | Lacrosse – Girls/3rd Grade - \$77                                  |
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**PARAMUS RECREATION 475 FARVIEW AVENUE PARAMUS, N.J. 07652  
(201)265-9321**

Please fill out this form and please print clearly.

Registrant's Name: \_\_\_\_\_ Male or Female (please circle)  
 Registrant's Address: \_\_\_\_\_ Present Grade \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ E-Mail \_\_\_\_\_  
 Father's Name \_\_\_\_\_ Home Phone Number \_\_\_\_\_  
 Mother's Name \_\_\_\_\_ Cell Phone Number \_\_\_\_\_  
 School \_\_\_\_\_ Teacher \_\_\_\_\_  
 Family's Insurance Coverage (if none that must be stated) \_\_\_\_\_  
**Service Organization** \_\_\_\_\_ **Supervisor** \_\_\_\_\_

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**Registration for Men's Lob Pitch Softball 2018**  
Incomplete forms will be sent back and not processed.

**Section A**

Name \_\_\_\_\_

Current Address \_\_\_\_\_

**(IF A PARAMUS RESIDENT YOU MUST ATTACH A COPY OF PROOF OF  
RESIDENCY OTHERWISE EXPECT YOUR APPLICATION TO BE RETURNED  
UNPROCESSED)**

Home Phone Number \_\_\_\_\_ Cell Phone Number \_\_\_\_\_

Date of Birth \_\_\_\_\_

Insurance Coverage (if none this must be stated) \_\_\_\_\_

**Former Residents Need to Complete Section B**

Former Paramus Address \_\_\_\_\_

List Years Lived at that Residence \_\_\_\_\_

**(MINIMUM OF FOUR CONSECUTIVE YEARS)**

Lived with Parents – Owned the Residence – Rented the Residence

**(CIRCLE THE ONE THAT APPLYS TO YOU)**

If you lived with your parents, what high school did you attend and what year did you graduate?

\_\_\_\_\_

If your family moved before you were in high school, what was the last Paramus school you  
attended and the last year you were in attendance in that Paramus school.

\_\_\_\_\_

If you rented, who was your landlord?

\_\_\_\_\_

**(A notarized letter from the landlord stating your past residency or rent receipts/cancelled  
checks must be attached to this application)**

**Section C**

Name of Team \_\_\_\_\_ Manager's Name \_\_\_\_\_

**Fees – Make Check out to Paramus Recreation**

Lob Pitch Resident - \$61      Lob Pitch Former Resident - \$76

\$5.00 may be deducted if registered prior to March 13th.

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## **BOROUGH OF PARAMUS RECREATION DEPARTMENT CODE OF CONDUCT POLICY**

The Borough of Paramus Recreation Department has adopted the following Code of Conduct Policy. This Code of Conduct Policy applies to all Coaches, Volunteers, Parents, Registrants/Players and any Spectators attending any Borough of Paramus Recreation Department sponsored event, including but not limited to practices and games.

By signing below, I agree to abide by the following:

- I (and my guests) will show good sportsmanship at all times. This means I will not participate in nor encourage any swearing, foul language, fighting, or disrespect toward coaches, officials, players or other parents.
- I will not engage in fighting, horse play or other disruptive behavior during any practice or game.
- I will not argue with any coach or official's decision or publicly question his/her judgment or integrity during any practice or game.
- I agree to wait a full 24 hours before contacting a coach to discuss his/her decision or action taken during any practice or game.
- As a parent of any player, I will communicate respectfully with the coach to determine his/her expectations and to discuss any concerns or questions I have.
- I (and my guests) will refrain from coaching my child or other players during a game and/or practice unless I am an appointed coach to the team.
- I will be responsible for supervising others that I bring to the game and/or practice.
- I will not leave a child at game and/or practice unless a Borough approved volunteer is present.
- I agree to pick up my child from practice or a game at the designated end time. I understand that Borough sponsored recreation games/practices do not provide babysitting for my children.
- I (and my guests) will not use or be under the influence of drugs or alcohol while at a youth sports event and I will not attend, coach, officiate or participate in a youth sports event while under the influence of drugs or alcohol.
- I will demand a sports environment for my child/player that is free from drugs, tobacco and alcohol.
- I will teach my child/player to play by the rules and to resolve conflicts without resorting to hostility or violence.

- I will demand that my child/player treat other players, coaches, officials and spectators with respect, regardless of race, creed, color, religion, sex ability or any other protected class.
- I (and my guests) will praise my child/player for competing fairly and trying hard, and make that child feel like a winner every time.
- Attendance and participation in any Borough sponsored sports event is a privilege and not a right. Any player, coach, official or spectator's violation of the Code of Conduct may result in the revocation of that individuals' eligibility to participate and/or be present for any Borough sponsored sporting event.
- As a coach/volunteer, I will communicate respectfully with the players, officials, volunteers, spectators, other coaches and parents of all players. I agree to "lead by example" and understand that my actions and behavior set the tone for every game and practice.
- As a Coach, I agree to treat all players with respect, develop good sportsmanship in all players and as a team, instill a spirit of cooperation and team play, teach all players to play within the rules of the game and establish of practice of hand shaking immediately following the game in a sportsmanship fashion.
- I understand that all volunteers must undergo and satisfy a Criminal History Background Check, and have proof of same (ID) whenever in the presence of a minor.
- I will not be under the influence of any drugs or alcohol while attending any Borough sponsored sports event.

I further understand that the game will be stopped by the official when a parent, spectator, or participant displays inappropriate and/or disruptive behavior which interferes with the progress of the game as determined by the official or coach. Officials and coaches have the authority to remove any violator from the spectators viewing area and/or game area. Once removed, play will resume. Lost time will not be made up and violators will be subject to further disciplinary action by the Paramus Recreation Commission. Inappropriate and disruptive behavior shall include but is not limited to: taunting, cursing, fighting, threatening physical violence, destruction of equipment and/or property.

I acknowledge that any violation of this Code of Conduct may subject the offending party to disciplinary action. Disciplinary action may be imposed by a Coach, Official or the Borough of Paramus Recreation Commission. Any Coach or Official imposing disciplinary action must thereafter notify the Paramus Recreation Commission of such action. The following is a non-exhaustive list of disciplinary action which may occur:

- Verbal Warning;
- Written Warning;



- Immediate suspension from playing, coaching/volunteering and/or attending any sports event;
- Benching of player for duration of game/practice or longer;
- Removal of any parent or spectator;
- Game forfeiture;
- Any other action deemed necessary.

I acknowledge that the Borough of Paramus does not follow a “progressive discipline” policy. This means that any disciplinary action may be taken based on the current situation and in the sole discretion of the Coach, Official or Recreation Commission.

I further acknowledge that if I disagree with the imposition of any disciplinary action, I have the right to request a hearing before the Recreation Commission Judiciary. I understand that any disciplinary action imposed, including suspension, shall remain in effect pending a hearing before the Recreation Commission Judiciary Committee.

The Recreation Commission Judiciary hearing may result in the following actions (which are not an exhaustive list of possible actions):

- Finding of insufficient cause for further action.
- Upholding or amending any prior disciplinary action imposed.
- Imposition of a suspension of the person(s) from attending Recreation sanction events for a specified time period.
- Pursuant to New Jersey Public Law 2002, c.74 (C.5:17-1 et seq.), requiring any individual(s) culpable of the infraction(s) to submit proof that they successfully attended and completed anger management counseling through a public or private source at their own expense prior to consideration to being admitted back to participate or attend Recreation sanctioned events.
- Being held personally liable for any fines or penalties levied due to the individual's actions, or due to the actions of an individual under their care or supervision.
- Banning persons (players, coaches, spectators and volunteers) from participating or attending Recreation sanction events.

I hereby certify that by affixing my signature below, as the registrant, and/or as the legal guardian or parent of any child participating in the Paramus Recreation Programs, as well as Coach/Volunteer, that I have read the above Code of Conduct Policy and agree to abide by the Code of Conduct Policy.

\_\_\_\_\_  
Player

Dated: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian

Dated: \_\_\_\_\_

\_\_\_\_\_  
Coach/Volunteer

Dated: \_\_\_\_\_

#### **WITHDRAWAL/REFUND POLICY**

I understand that by registering my child for any Borough of Paramus Recreation Commission sponsored program, I am agreeing to pay the required fee for participation. I further acknowledge that should I withdraw from participation, for any reason, or should I be forced to withdraw from participation for any reason, there will be no refund or credit given.

\_\_\_\_\_  
Parent/Guardian

Dated: \_\_\_\_\_

**WAIVER, RELEASE AND INDEMNIFICATION AGREEMENT**

I, \_\_\_\_\_ (insert name), residing at \_\_\_\_\_ as a condition for allowing me, and/or the person(s) identified above, to engage in, attend and/or participate in the Borough of Paramus Recreation Department sponsored sports program or event (the “Program”), agree as follows:

I understand that anyone participating in any sports/fitness program should consult a physician before beginning any program. The Borough of Paramus and/or its agents, servants and/or representatives have made no evaluation or recommendation as to my child’s ability or fitness to participate in the Program. By participating in the Program, I acknowledge that my child is fit and able to participate in the Program. I further acknowledge that my child can suffer bodily and other injuries at any time and without warning while participating in the Program. **I understand these risks and I agree to assume each of them.**

I hereby **RELEASE AND DISCHARGE** the Borough of Paramus from any and all liability, claims, demands or causes of action that I may hereafter have for any and all injuries and damages arising out my child’s participation in the Program.

I also agree to indemnify and hold harmless the Borough of Paramus, its agents, employees, volunteers, representatives, independent contractors, and/or assigns against any and all liability, claims, damages, costs and expenses, including reasonable counsel fees, which arise out of, result from, occur during or are connected in any manner to any action, accident or incident in connection with the Program.

This waiver, release and indemnification agreement shall be construed pursuant to the laws of the State of New Jersey and that New Jersey courts, whether state or federal, will have jurisdiction over any matters arising from this document.

\_\_\_\_\_  
Signature of Parent/ Legal Guardian

\_\_\_\_\_  
Date

## EMPLOYMENT OPPORTUNITIES

Applications for Playground Counselors are available On-Line and at the Recreation Office. All applicants must submit to a drug test.

## VOLUNTEER COACHES

Many of the youth activities offered in this brochure rely on volunteer coaches. Anyone wishing to coach any youth activity must complete both an *Intent to Coach Form* and an *Ethics Form*. All volunteer coaches must take part in and pass the Rutgers S.A.F.E.T.Y. Clinic as well as take an online Concussion Course. All candidates will be subject to a background check. Call the Recreation Office (265-9321) for additional information.

## OFFICE HOURS

The Recreation Office is staffed weekdays between the hours of 8:30 a.m. & 4:30 p.m. as well as Thursday evenings between 7:00 p.m. & 8:45 p.m. The Recreation Office is not open on Thursday evenings during the months of July, August & September. **With exception to Monday, March 12th & Tuesday, March 13th registration is only accepted during the following times: weekday afternoons between 1:00 p.m. and 4:00 p.m. and Thursday evenings between 7:00 p.m. and 8:45 p.m. Registration will not be taken during the morning hours or after 4:00 p.m.**

## FACEBOOK

For program updates, including weather cancellations, "like" us on facebook at: [facebook.com/paramusrec](https://www.facebook.com/paramusrec)

### Paramus Recreation Commission

Chairman, Bill Stallone  
Vice Chair Parks, Michael Bellinger  
Vice Chair Programs, Gary Zysman  
Dennis Arslanian  
Vince Feorenzo  
Josie Giugliano  
Jeff Lepselter  
Michael Pallotto  
Paula Perides

Director, Sue Regan  
Assistant Director, Robert Cowper  
  
Council Liaison, Pat Verile

PARAMUS RECREATION  
475 FARVIEW AVENUE  
PARAMUS, NEW JERSEY 07652

NON PROFIT ORGANIZATION  
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