

MINUTES OF THE REGULAR MEETING OF THE BOARD OF HEALTH of the Borough of Paramus held on March 28, 2016 at the Paramus Borough Hall.

Meeting was called to order at 8:08 pm by President Nazziola.

ROLL CALL

Present: Dr. Nazziola, Lisette Mena, Noor Mahmood, Jean Hegg and MaryAnn Uzzi (by phone)

Also Present: Mrs. Migliaccio, Mrs. Jeanne Weber

PUBLIC MEETINGS ACT

In accordance with the Public Meetings Act, adequate notice of this meeting has been provided by mail to THE RECORD and filed with the Borough Clerk on January 4, 2016.

AGENDA

Reading of the Agenda by Secretary, Judith Migliaccio.

APPROVAL OF MINUTES

Moved by Ms. Mahmood and seconded by Ms. Mena that the Minutes of the meeting of February 22nd be approved as circulated.

Abstained: Mrs. Uzzi

Motions were approved.

CORRESPONDENCE

Dr. Nazziola called for discussion on correspondence.

A letter was received from NJLBHA president, Laura O'Reilly, RN to NJ Local Boards of Health regarding membership and support of their organization. An application to register the Board members was included.

A letter from the State affirming that oral health is an important part of general health, relating to well-being and quality of life. Enclosed was a 2016 New Jersey Dental Clinic Directory, entitled "Dial A Smile" with 25 pages of dental listings in New Jersey.

Moved by Ms. Mena and seconded by Ms. Mahmood that the Correspondence be approved as submitted.

Motion was approved.

STAFF REPORT

Dr. Nazziola asked for discussion on the Health Officer's Report for January and February.

Since February is designated as 'Heart Month', Mrs. Migliaccio stated that our department participated in the American Heart Association's National "Wear Red Day for Women" where red pins were distributed to those who donated. In an effort to raise awareness for cardiovascular disease, which is the number one killer of women, we raised \$250.00 for the Heart Association.

Mrs. Migliaccio briefly reviewed the Health Assessment statistics that continue by our nurses, which include blood pressures, nurse counseling and follow-ups, child health conferences, immunizations, telephone counseling, disease investigations and a total of **31 schools audited with a total of 2,698 records audited performed by our nurses.**

In Health Education the Mayor's Wellness Campaign, Paramus Board of Health, Valley Hospital and Gold's Gym are sponsoring the "Fourth Annual Paramus Weight Loss Challenge" challenging Paramus to lose 600 pounds in 12 weeks. The kick off took place on March 1st at the Life Safety Building where over 240 participants anxiously signed up. New this year, is a "Get your fit score", a perfect way to track your fitness abilities. There's a base line test at the beginning and again at the end to see if your numbers improve. There will be 3 educational sessions on March 29th, all dealing with physical and mental health and a talk about "Technology" regarding apps and devices discussing different tech tools to assist in weight loss. There will also be a talk and tour with a Shop-Rite dietician on April 19th and on May 10th "Cook it like you mean it" session with healthy recipes for the summer! Gold's Gym will also be holding free exercise classes on Saturdays at 1:00 pm.

The Bergen County Department of Health Services along with the Stigma Free Task Force will be presenting an excellent workshop on April 26th and 27th for 8 hours on "Mental Health First Aid Training" for Paramus employees and residents. Participants will learn how to recognize the signs of mental illness and will know how to respond.

Valley also sponsored a program on March 23rd to Eastbrook and Westbrook students addressing discrimination, gender equity, homophobia and the pain felt by special education children. Dr. Michael Fowlin acts in a phenomenal one man show creating different characters from varying backgrounds.

Enclosed are the Human Services statistics for services performed and the encounter summary statistics for the residents of Paramus for the month of February, including Paramus Friendly Neighbors activities, donations and volunteers.

Mrs. Migliaccio stated that she received a tour of the new facility which will house Human Services, Veterans Affairs and COAH stating that they will now have ample space for the 3 individual departments including a huge food pantry. Mrs. Migliaccio stated that she will be posting requests for food pantry volunteers and volunteers to shovel snow in the winter once the offices officially open.

Mrs. Migliaccio also stated that we will be sending out by mass mailing the notice for the rabies clinic which will be held on May 11th and 12th from 6 to 8 PM.

Our two Registered Environmental Health Specialists continue to keep very busy with 142 food establishment inspections and spot checks while also handling 20 complaints.

There were also several emergency calls handled by our inspectors and abatement notices given to food establishments for various reasons.

Abatement notices were also given out for expired food handling permits and potential animal harborage.

Mrs. Migliaccio briefly reviewed the Deputy Registrar's report for January and February with statistics on foodhandling licenses, vending machines, electronic cigarette devices, beauty salons, pet shops, plan reviews, vending, dog and cat licensing and vital statistics transactions such as death and marriage.

Moved by Ms. Mena and seconded by Ms. Mahmood that the Health Officer's report for January and February 2016 approved as submitted.

Motion was approved.

MEETING OPEN TO THE PUBLIC

Dr. Nazziola opened the meeting to the public.

Mr. Roy Hegg introduced himself to the Board and asked several questions regarding sanitary conditions in Paramus food establishments and what were reportable circumstances. The Board answered Mr. Hegg's questions and the meeting was then closed to the public.

OLD BUSINESS

Mrs. Migliaccio reviewed last year's attempt to get an ordinance passed raising the age from 19 to 21 for the purchase of tobacco products in Paramus. The Mayor & Council initially declined to pass such an Ordinance as they felt that we should try to convince the State first by whatever means necessary. Mrs. Migliaccio she testified in Trenton in front of the Senate and the Assembly where it was passed by both houses. It was sent to the Governor's office, where he declined to sign it.

Therefore, we were back to square one. Mrs. Migliaccio stated that since she sits on the New Jersey Association of State and County Health Officials and on the Legislative Committee, she may be asked to testify as we start the proceeding over again. It was decided that councilwoman Weber will contact the Bergen County Executive's Office to meet and possibly pass a county ordinance to raise the age to purchase tobacco to 21 in the county.

Discussion ensued amongst the Board members as to what their next step should be in getting this ordinance to pass with the State. All were in agreement and Old Business was completed.

COMMITTEE REPORTS

Dr. Nazziola distributed the 2016 committee assignments to all Board members.

NEW BUSINESS

Resolution No. 16-3-1 – Approval of a contribution to the Bergen County Health Officers' Society to support Public Health Infrastructure in Bergen County.

WHEREAS, the New Jersey Public Health Practice Standards of Performance for Local Boards of Health in New Jersey (Chapter 52, under the Authority of N.J.S.A. 26:1A-15 and 26:3A2-1 et seq.) required that a County-wide Health Assessment be performed in conjunction with a community health partnership and that a Community Health Improvement Plan (CHIP) be produced in accordance with the outcome of the assessment; and

WHEREAS, the Bergen County Health Officers' Society (BCHOS), a non-profit association of Health Officers of Bergen County, which as the purpose of contributing to the improved health, well-being and quality of life for all people in Bergen County, assumed a leadership role in the countywide health assessment and the development and implementation of the CHIP, and

WHEREAS, under the leadership of members of the BCHOS, a County-wide Health Assessment was performed and the Bergen County Community Health Improvement Plan was unveiled in September of 2006, and

WHEREAS, the CHIP Committee has established task forces to promote goals and objective for each of the health priorities identified in the CHIP, and

WHEREAS, the local health officers of Bergen County have joined together in Public Health Partnership (PHP) , organized to fulfill the Public Health Practice Standards and strengthen the public health infrastructure for the purposes of protecting and promoting the health of all residents of the County, and

WHEREAS, the Paramus Board of Health is a member of the Public Health Partnership (PHP), which has acted with the BCHOS to recruit 50 leading county organizations for the CHIP Committee charged with planning and facilitating the health assessment and developing the Community Health Improvement Plan, and

WHEREAS, the Bergen County CHIP Committee and its steering group, the MAPP Core Group (named for Mobilizing for Action through Planning and Partnership, the strategic planning process recommended by the Centers for Disease Control and Prevention and required by the Public Health Practice Standards) have determined that funds are needed to promote the public health priorities identified in the CHIP, and have requested funding from municipal health departments , which are required by law to participate in the process, and

WHEREAS, the MAPP Core Group of the Bergen County Public Health Partnership has suggested a contribution from each health jurisdiction to underwrite budgeted needs, and

WHEREAS, the Bergen County Health Officers' Society, a non-profit 501c3 organization, has established an account to receive the funding.

NOW THEREFORE, BE IT RESOLVED by the Board of Health of the Borough of Paramus, County of Bergen, State of New Jersey, that the Board will remit the sum of seven hundred fifty dollars (\$750) to the Bergen County Health Officers' Society to support Public Health Infrastructure in Bergen County for the year 2016.

Moved by: Ms. Mahmood

Seconded by: Ms. Mena

Roll Call Vote: Dr. Nazziola, Yes; Ms. Mena, Yes; Ms. Mahmood, Yes; Ms. Hegg, Yes; Ms. Uzzi; Yes.

Before leaving New Business, Mrs. Uzzi inquired whether Paramus was doing anything regarding the Zika virus situation. Mrs. Migliaccio stated that she receives Zika virus updates every few days from the State Department of Health with current talking points and information.

At this time, Ms. Hegg and Council Liaison Jeanne Weber brought several points up regarding healthy foods at Paramus schools and adding water to our vending machine here at the Borough. Mrs. Migliaccio stated that she will contact the vending company to request water to be an option in the vending machine.

LICENSES AND PERMITS

Resolution No. 16-3-2 Foodhandling Licenses – 2016

Moved by Ms. Mena and seconded by Ms. Mahmood that the attached Food Establishment Licenses Appendix A-FH 109930 through A-FH 109923 be approved.

Moved by Ms. Mahmood and seconded by Ms. Mena that the attached Restaurant Licenses Appendix A-FH 109926 through A-FH 109924 be approved.

Moved by Ms. Mena and seconded by Ms. Mahmood that the attached Mobile Caterer's License A-FH 109920 be approved.

Moved by Ms. Mahmood and seconded by Ms. Mena that the attached Kitchen Licenses Appendix A-FH 109931 through A-FH 109939 be approved.

Motion was approved.

Resolution No. 16-3-3 Vending Machine Licenses - 2016

Moved by Ms. Mena and seconded by Ms. Mahmood that the attached Vending Machine Licenses Appendix E-VMO 109919 through E-VMO 109916 be approved.

Motion was approved.

Resolution No. 16-3-4 Beauty/Nail Salon Licenses – 2016

Moved by Ms. Mahmood and seconded by Ms. Mena that the attached Salon Licenses Appendix I-BNS 109929 through I-BNS 109921 be approved.

Motion was approved.

ADJOURNMENT

There being no other business to be brought before the Board, upon motion by Ms. Mena and seconded by Ms. Hegg and carried unanimously, the meeting was adjourned at 9:15 pm.

Respectfully submitted,

Judith Migliaccio
Secretary