



# Borough of Paramus

www.paramusborough.org  
(201) 265-2100

## GRASSCYCLING IS EASY AND SAVES MONEY

BY GUY PICONE, SUPERINTENDENT DPW

Did you know that yard waste is inevitable? Grass clippings are wet, heavy and expensive to transport and process. The solution is to simply recycle the nutrients from the clippings right back into your lawn and keep them out of the waste stream. The practice of “grasscycling” fertilizes your lawn naturally and has many benefits, such as:

- Using less chemical fertilizer
- Spend less time raking
- No need to pick up and bag grass clippings
- Eliminates clogged storm drains due to grass clippings
- Naturally discourages weed growth
- Aerates the lawn in the spring



Using a mulching or conventional mower, follow the 1/3 rule: mow no more than 1/3 the height of the grass. Clippings need to be small to filter down into the lawn. Raise the height of the mower to a minimum of 3”. Grass 3” to 4” tall produces strong roots. Cut the grass when dry and mow frequently. If you use a landscaping service to maintain your lawn, try to encourage them to practice grasscycling.



## DPW Snow Plowing and Salting Procedures

The Department of Public Works would like to remind all residents that parking on a Borough or County road during a snow event is prohibited. Vehicles in violation may be summoned or towed in accordance with Borough Ordinance.

Snow removal vehicles are assigned routes and sections to quickly and efficiently remove snow and salt the roadways. Once the snow has ended, plow trucks will clear the roadways from curb to curb. During the snow removal process, snow may end up being deposited onto sidewalks and driveways. The more snow that has fallen, the greater the problem will be. This is an unfortunate situation that is inevitable to make the roadways safe. We regret this necessary inconvenience.



**Mayor**  
*Richard A. LaBarbiera*

**Council President**  
*Joseph Garcia*

**Council Members**  
*MariaElena Bellinger*  
*Pat Verile*  
*Stephen Sullivan*  
*Jeanne Weber*  
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## Keeping Potential Robbers Away from Your Home



### PARAMUS POLICE DEPARTMENT 201-262-3400

The Paramus Police Department, along with The Mayor and Council, would like to remind you of steps that can be taken to secure your home from burglars. Being alert and prepared is the best way to keep your family and your home safe.

In many cases of residential burglaries, thieves enter the house through a door or window that was left unlocked. Burglars have been known to break sliding glass doors or pry open regular conventional style doors. Many burglaries can be prevented by using simple strategies to deter them from attempting to enter your home. Below are some tips on how to protect your home and family from burglars.

- Lock all doors and windows, including your garage door, when you leave the house and while sleeping.
- Install a dead-bolt and/or a secondary locking system on doors that lead outside. Using a lock that can only be operated from the inside is an extra security measure.
- Remember that patio doors with glass panels can be especially vulnerable. Consider installing double-cylinder locks, where you need a key to unlock both sides, so that a burglar can't enter your home simply by breaking the glass next to the lock. Also, insert a board at the bottom of the door, to prevent the door from sliding.
- Lock all car doors and do not leave key fobs inside your vehicle at any time.
- Be suspicious of anyone who asks to enter your home for any type of "maintenance" reason. There are situations where burglars have impersonated utility workers to gain access to a home. All utility workers and solicitors should have proper photo identification and uniforms.
- Install peepholes or wide-angle viewers in your doors.
- Replace burned out light bulbs quickly. Thieves like homes with inadequate lighting. Consider incorporating lighting into your landscaping.
- Keep trees and shrubs around doorways, windows and porches trimmed. The bushes that provide privacy also give burglars a place to hide. Dense shrubs can even make for a makeshift ladder, helping a thief into your home through a window.
- Do not allow your newspapers and/or mail to pile up while away on vacation.
- Get to know your neighborhood and your neighbors. If you "see something, say something!" The eyes and ears of our residents assist us with keeping our community safe.
- Contact the police whenever you see a suspicious person or occurrence in your neighborhood.

**The Paramus Police Department encourages our residents to follow us on facebook and nixle social media information outlets. Visit [www.paramuspolice.org](http://www.paramuspolice.org) for links to suggested safety related websites and information.**



I am proud to say that there are many amazing things happening in Paramus, our executive staff and employees work tirelessly to make Paramus a better place to live, raise our families and enjoy what Paramus has to offer. I would like to highlight a few projects that may go unseen by many in our community but are the results of hours, weeks, and months of planning and hard work.

Our IT Department has modernized the entire Borough operations, integrating many of the Borough operations into a standard information network, departments interact in a better way and produce more efficient services for our residents. Payment by credit cards for nearly all our services is coming to completion. Our financial standing in the State of New Jersey is excellent, one of sixteen municipalities with a AAA rating.

At Memorial School we have upgrade our Veterans Memorial Park amenities to respectfully remember those Paramus Veterans who have served in the military on our behalf. In addition to the new flag poles representing all the military branches of service, we have added memorial bricks all donated by family and friends to remember those who have served our country. New monuments are being added in recognition of all wars that our residents have served. Residents are invited to join our community of veterans as we dedicate the new memorial on Memorial Day May 29, 2017. One more additional note on behalf of our veterans, the new VIP (Veterans in Paramus) housing was dedicated this past August and is fully occupied by those veterans and their family that have served and sacrificed so much for all of us. We are fortunate that

our community is still growing and many with families desire to live in this wonderful Borough, because of our services, schools, environment and recreational advantages. The Borough has fostered a unique relationship with the Board of Education to increase the availability of recreation venues for our children. We have installed new "State of the Art" playing surface for volleyball and tennis at the Sports Plex at East Brook and West Brook middle schools. The partnership with the Board of Education enabled the Borough to install the surfaces and utilize the facilities for community recreation programs. A new all season surface has been completed at East Brook Middle School; the facility was designed for football, soccer, and lacrosse. The cost for this multi-use all season facility was shared by the Borough and the Board of Education.

## Household Hazardous Waste Collection – Take your hazardous waste to a safer place

Mark your calendars so you don't forget to help make a difference!

### Hazardous Household Waste Collection

Sunday, October 16

9:00 am – 3:00 pm

Bergen Community College  
400 Paramus Road, Paramus

Saturday, November 12

9:00 am – 3:00 pm

Bergen County Utilities Authority  
Moonachie.

These collection sites are open rain or shine.



Household hazardous waste is dangerous to the environment because it can contaminate the Earth's soil and water. If you dispose of this garbage carefully on Hazardous Waste Collection days, you can help ensure that our environment stays clean and green.

### *What types of hazardous waste can you bring?*

- Fluorescent light bulbs
- Used motor oil
- Old gasoline

- Fire extinguishers
- Oil paint
- Antifreeze
- Aerosol cans
- Batteries (vehicle and rechargeable only)
- Propane tanks from barbecues only
- All paints and varnishes
- Pesticides
- Drain cleaners
- Fertilizer

This service is free of charge for Bergen County Residents only and ID is required.

# Joseph Cipolla Paramus Senior Activity Center

BY ANNE SCHNEIDER, DIRECTOR

We are pleased to provide you with wonderful daily programs and special events throughout the year to stimulate both mind and body. Come join us!



MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<p><b>10 am—YOGA</b> Cost: \$5/class</p> <p><b>11:15 am— COLORFUL CONVERSATION</b> Come color and relax. Cost: Free</p> <p><b>12:30 pm— BRIDGE</b></p> <p><b>2 pm—ZUMBA GOLD</b> Cost: \$5/class</p> <p><b>2 pm—MAHJONG</b></p>	<p><b>1 PM—BINGO</b> 1<sup>st</sup> Tuesday—Light Refreshments 2<sup>nd</sup> Tuesday—Pizza Day—a slice and can of soda = \$2.50 3<sup>rd</sup> Tuesday—Hot Dog Day—hot dog, chips and drink = \$1.50 4<sup>th</sup> Tuesday—Light Refreshments</p>	<p><b>9:30 am—YOGA</b> Cost: \$5/class</p> <p><b>9:30 am— MEDITATION</b> Cost: Free</p> <p><b>11 am—ART CLASSES</b> Bring your own supplies.</p> <p><b>12 noon—MOVIES</b> Every other week. Light Refreshments</p> <p><b>2:30 pm— CANASTA</b></p>		<p><b>9 am— ADVANCED YOGA</b> Cost: \$5/class</p> <p><b>11 am—LINE DRAWING WITH IRMA</b> Cost: Free</p> <p><b>1 pm— MEDIATATION</b> Cost: Free</p> <p><b>2 pm—ZUMBA GOLD</b> Cost: \$5/class</p>

Billiards, Cards, and Mahjong can be played every day along with any game of your choice.

We have a modified indoor Bocce court which provides a lot of fun when the weather does not permit outdoor activities.

The Senior Monthly Newsletter can be delivered right to your home; if interested please call the center and give us your name and address so you don't miss out of any of the exciting events at the Center.

## “Hop The Trolley” Fritz Behnke Historical Museum Event

Take an Historical tour down memory lane, see where the farms were located and visit old and current landmarks.

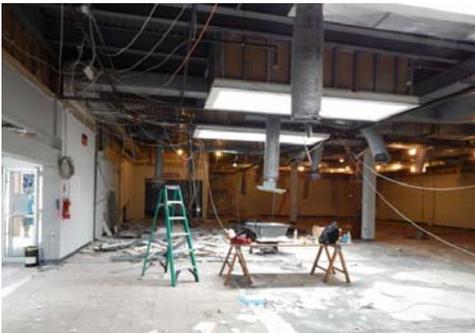
Sunday, October 16 or 23, 2016. 10am or 1 pm. Tours are approximately 2 hours long and begin at the Paramus High School Parking Lot.

\$25/person. Space is limited. To reserve space call 201-967-0860 or email [stonespan@aol.com](mailto:stonespan@aol.com)



# Library Renovations Underway!

BY LEONARD LOPINTO, LIBRARY DIRECTOR



The interior remodeling of the Main Library is currently on schedule for an early December completion. We cannot give an exact date at this time. As with any construction, there can be delays that are out of our control. Pictures showing the progress and updates of the project will keep

arriving in e-mail boxes and will be posted on the library's Facebook page. When the project is complete we will be able to provide library services in a spectacular new setting that will be space appropriate.

Library services continue at the Reid Branch Library, 239 W. Midland Avenue. There, you can find materials such as new books, movies and audiobooks. Reid Branch Library's hours have been extended to:

*Monday—Thursday 9:30 am—9 pm*

*Fridays 9:30 am—6 pm*

*Saturdays 9:30 am—5 pm*

*Sundays 1 pm—5 pm*

Thanks to the borough and our public school system, programs are being held at the Life Safety Building, area schools and the Reid Branch Library. Please check out the library's newsletter, Facebook pages and website ([www.paramuslibrary.org](http://www.paramuslibrary.org)) for program listings. Remember, you can use your library card at any of our Bergen County Libraries.

Like us on Facebook  
Paramus Public Library  
Paramus Branch Library



Sign up for email updates  
[bccls.org/services/enewsletters.shtml](http://bccls.org/services/enewsletters.shtml)



# Parks and Playgrounds



In 2017 the Borough will be focusing its attention on upgrading our parks and playgrounds. We recognize that over the years neighborhoods change, new families move into Paramus and needs change. Reviews and evaluations are essential to determine the needs of our residents, what they would like to see in our parks and playgrounds and how we can plan for

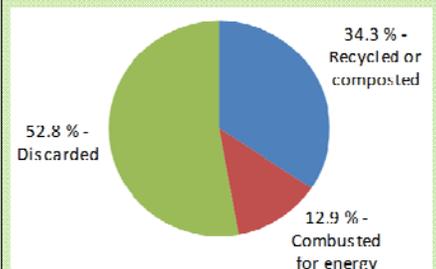
those changes. Reviews and evaluations began this summer with the assistance of one of our college interns. Neighborhood surveys were designed and sent out to residents living within 200 feet of their neighborhood park. The return responses have been excellent. Our department administrators have conducted location inspections to identify improvements and their evaluation, combined with the information from the surveys, will provide us with the insight necessary to improve our parks and playgrounds and meet the needs of our residents.

2017 will bring the first handicapped playground, which will be located adjacent to the playground currently at Petruska Park.



## Reduce, Reuse, Recycle

### What happens to the stuff you throw away?



We all need to do better and make a sincere effort to recycle. The Department of Public Works has an array of helpful information, programs and expert recycling coordinators.



## Roots in the Lawn

by Ken Reschen, Superintendent Shade Tree Department



The Borough of Paramus Shade Tree & Parks Commission ordinance ST-1 prohibits cutting or trimming of any Borough of Paramus street trees, including roots. The Shade Tree Commission recommends the following guidelines and best practices policies instituted and endorsed by the following Universities: Rutgers, Penn State, Cornell, and the ISA, the International Association of Arboriculture.

It is recommended that you add top-

soil around and over the protruding roots not to exceed 4" (four inches). The soil should not be compacted or rolled as this area is where tree roots draw their nutrients. Compacted soil is a detriment to trees, reducing the amount of oxygen available to be absorbed through the tree roots.

Adjusting automatic irrigation systems to water longer on fewer days is also recommended. For example, if a system waters daily for 15 minutes for a lawn zone or station, change the watering duration to 30 minutes for each lawn zone and set the watering days to every third day or Sunday, Wednesday, Friday. Check your precipitation rate and adjust your specific system to deliver 1" (one inch) of water per week for lawn areas. Daily shallow watering encourages surface root growth. Tree roots will grow where water is available.

After October 1, 2016 it will be the responsibility of any resident or business property owner to follow the topsoiling recommendations outlined above. The Shade Tree & Parks Commission will no longer be addressing roots in the lawn or supplying topsoil to correct them.

All requests for "a roots in the lawn service" placed with the Shade Tree & Parks Commission prior to October 1, 2016 will be completed. After that date, the Shade Tree Commission will address the roots for Borough of Paramus street trees only.

**Questions may be directed to the Paramus Shade Tree & Parks Commission at the following: E-mail [shadetree@paramusborough.org](mailto:shadetree@paramusborough.org) or phone 201-265-2100 ext. 4120**

## Greetings Paramus Golfers!



The Paramus Municipal Golf Course is excited to announce that the cart path renovation/replacement project that commenced on August 1, 2016 has made great progress thus far. The Borough of Paramus continues to display a commitment to the proper maintenance and continual improvement their golf course. The asphalt paths are being renovated and replaced, with the addition of beautiful curbing

work around the tee boxes and greens. Please remember that the golf course will remain OPEN for play 7 days a week, with all 18 holes being played on the weekend and a discount offered during the week while construction is underway. The Paramus Golf Course Staff appreciates all of the compliments we have received regarding the project, and all involved are excited to enjoy the final product this Fall (completion date: October 28, 2016). Come enjoy a round of golf

today to see all of the wonderful work that is underway at your Municipal Golf Course!



## Recreation Commission Events

BY ROBERT COWPER, ASSISTANT DIRECTOR

Get ready!

Registration for Winter activities begins online:

**October 13**

In-person registration will be held:

**Tuesday, October 25**

**Wednesday, October 26**

**9:00-11:45 am**

**1:00-3:45 pm**

**7:00-8:45 pm**

Register before Thursday, October 27 and deduct \$5 per registration!



The Paramus Recreation Commission has two exciting events for children coming up. The first is our annual Pumpkin Hunt. This event will take place at Petruska Park on **Saturday, October 29** between 10 am and noon.

**One hunt for all age groups will be held at 10:30 am** Separate hunts will be designated for Preschool, Kindergarten and 1<sup>st</sup> Grade and up. Activities will include a bounce house, inflatables and carnival games. Everyone is encouraged to wear a costume! Plaques will be awarded for each grade level in the following categories: Most Creative Use of Materials; Most Original Concept; Funniest; Scariest; Most Exquisite; Best Representation of an Athletic Figure; Best Representation of an Animal, Cartoon Character or Icon; Most Patriotic; Best Group; Best Costumed Animal. In the event of rain, this event will be held on Monday, October 31 between 3:30 pm and 5:30 p.m (please check Facebook for weather cancellation updates).

The second holiday event is our annual Youth Holiday Party. This event is geared to children 3-7. It will take place at West Brook Middle School on **Saturday, December 3 at 10 am**. There will be refreshments, small prizes and appearances by Santa

and friends. This event is free, but tickets are required and can be picked up at the Recreation Center starting Monday, November 14. **Proof of residency will be required.** First come, first served, with a limit of six tickets per family. No more than two adult tickets will be given per family. Every person in attendance needs their own ticket. This party is for Paramus residents and their children only. If you cannot pick up your tickets in person, please mail a self-addressed and stamped envelope with proof of residency to the Recreation Office. Mail-in requests cannot be postmarked prior to November 11.



## Project Medicine Drop

BY JUDY MIGLIACCIO, HEALTH OFFICER

For too many New Jerseyans, addiction begins in the medicine cabinet. Project Medicine Drop is a safe and secure way to dispose of any unused or expired household drugs. The NJ Office of the Attorney General Divi-

sion of Consumer Affairs and the Paramus Police Department have designated the Paramus Police Department located at 1 Carlough Drive as a drop off site. For further information you can call 1-800-242-5846.



Borough of Paramus

[www.paramusborough.org](http://www.paramusborough.org)



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## PARAMUS RESIDENT

### Recycling Center

BY GUY PICONE, SUPERINTENDENT DPW

#### Paramus Recycling Center

PROOF OF RESIDENCY REQUIRED!

#### HOURS

Monday: 7 am - 3 pm

Tuesday: 7 am - 3 pm

Wednesday: 7 am - 6 pm

Thursday: 7 am - 3 pm

Friday: 7 am - 3 pm

Saturday: 10 am - 4 pm

Closed Sundays & Holidays



#### ITEMS ACCEPTED AT RECYCLING CENTER:

**Cardboard**

**Clothes (useable/clean)**

**Commingled Materials  
(bottles, cans, plastic containers)**

**Computers and Electronics**

**Metal**

**Newspaper**

**Oil (used)**

**Tires**

(There is a surcharge for each tire disposed of at the recycling center to be paid by the resident at time of drop off.)