



Health & Wellness Days at the VFW

Holy Name Medical Center and your local VFWs are partnering to provide health and wellness events in your community. All are welcome.

Weekly events will include:

- Pfizer-BioNTech COVID-19 vaccine*
 - ↳ Register at holyname.org/VaccineParamusVFW
- Blood pressure and other health screenings at no charge
- Health education
- “Ask a Nurse”
- “Ask a Pharmacist”

**Those under 18 years old must be accompanied by a parent or legal guardian. Vaccine is administered in two doses, three weeks apart. Please bring your insurance card. If you don't have insurance, you will still receive the vaccine at no cost to you. Identification will be requested, but is not required.*

Special offer for veterans:

The VFW will be providing Veteran Services Officers to help qualified veterans apply for Veteran Administration disability benefits. Contact Kevin O’Hora via K.O’Hora@NJVFW.com to schedule an appointment.

PARAMUS VFW

6 Winslow Place, Paramus, NJ
Wednesdays starting July 21 | 2:30 - 5:30 PM